



2005

# Best of Irish : Festive Cooking

Biddy White Lennon

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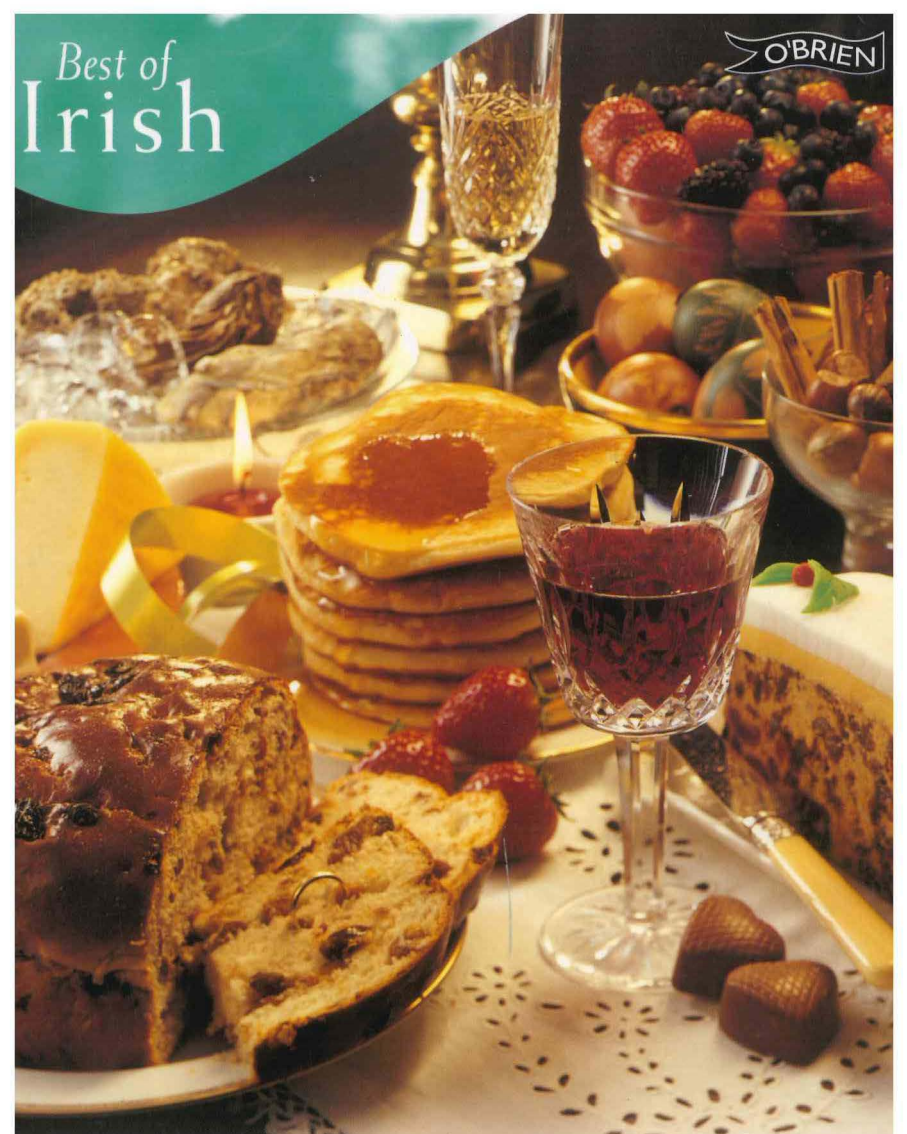


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Best of  
Irish

O'BRIEN



Festive  
COOKING

BIDDY WHITE LENNON



BEST OF IRISH  
FESTIVE COOKING



PRAISE FOR THE *BEST OF IRISH* COOKBOOKS:

This series is fabulous and highly recommended. The books are packed full of information ... A handy and very neat addition to any kitchen shelf'

*Books Ireland*

'Exciting Irish cookbook series.

Easy to follow, zippy and well presented'

*Carla Blake, Irish Examiner*

'An easy-to-carry gift to bring home as a souvenir of a visit'

*RTÉ Guide*

'Sound recipes with an Irish flavour ...

And they are quite straightforward'

*Georgina Campbell, Irish Independent*

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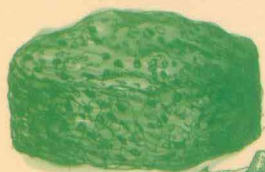
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# The *Best of* traditional Irish foods cooked with modern flair



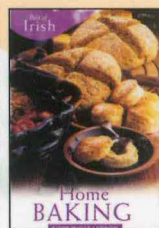
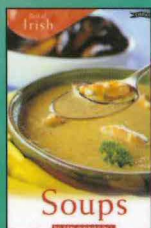
The Irish calendar provides many days for feasting and traditional celebration: St Brigid's Day, which announces the spring, St Patrick's Day, Shrove Tuesday, Bealtaine (May), Bloomsday, Lughnasa (August), Hallowe'en,

Women's Christmas (Nollaig na mBan). Then there are the newer festivals that celebrate the rich harvest of our seas and fields – the Galway Oyster Festival, the Wexford Strawberry Festival. Over fifty recipes offer a tempting selection of foods for all these occasions, as well as for christenings, weddings and wakes.

Details of customs, folklore and Irish regional food traditions provide a fascinating background to the recipes.

**Biddy White Lennon** has written several cookery books, is a regular cookery demonstrator and contributes features on cooking and travel to magazines such as *Food and Wine*, *Woman's Way* and to various newspapers. An actress, she is well known in Ireland for her portrayal of Maggie in the hugely popular TV series, *The Riordans*.

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