



2002

Best of Irish : Traditional Cooking

Biddy White Lennon

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Best of
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Traditional COOKING

BIDDY WHITE LENNON

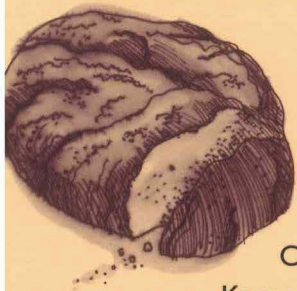
Best of
Irish
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COOKING

BIDDY WHITE LENNON



THE O'BRIEN PRESS
DUBLIN

The *Best of* traditional Irish foods cooked with modern flair



From starters to puddings, a delicious selection of over sixty recipes using the best of Irish ingredients: succulent salmon, creamy cheeses, nutty wholemeal flour. Choose from Clonakilty Black Pudding, Dublin Coddle, Kerry apple cakes, traditional fruity barm brack or buttermilk scones, Guinness stew, Baileys Cream ice and, of course, the famous Irish coffee. Forty charming illustrations complete the mix.

Details of customs, folklore and Irish regional food traditions provide a fascinating background to the recipes.

Biddy White Lennon has written several cookery books, is a regular cookery demonstrator and contributes features on cooking and travel to magazines such as *Food & Wine*, *Woman's Way* and to various newspapers. An actress, she is well known in Ireland for her portrayal of Maggie in the long-running and hugely popular TV series, *The Riordans*.

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