



1990

Biddy White Lennon's Eating at Home Cookbook

Biddy White Lennon

Follow this and additional works at: <http://arrow.dit.ie/irckbooks>

 Part of the [Arts and Humanities Commons](#)

Recommended Citation

White Lennon, Biddy, "Biddy White Lennon's Eating at Home Cookbook" (1990). *Cookery Books*. Book 123.
<http://arrow.dit.ie/irckbooks/123>

This Book is brought to you for free and open access by the Gastronomy Archive at ARROW@DIT. It has been accepted for inclusion in Cookery Books by an authorized administrator of ARROW@DIT. For more information, please contact yvonne.desmond@dit.ie, arrow.admin@dit.ie.



This work is licensed under a [Creative Commons Attribution-Noncommercial-Share Alike 3.0 License](#)





Biddy White Lennon's
EATING AT HOME
COOKBOOK



A Paperback Original
First published 1990 by
Poolbeg Press Ltd.,
Knocksedan House,
Swords, Co. Dublin, Ireland.

© 1990 Bidy White Lennon

ISBN 1 85371 096 2

All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photography, recording, or any information storage or retrieval system, without permission in writing from the publisher. The book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, resold or otherwise circulated without the publisher's prior consent in any form of binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

Cover design by Pomphrey Associates
Typeset by Typeform Ltd.
Printed by The Guernsey Press Ltd.,
Vale, Guernsey, Channel Islands.

Biddy White Lennon's
EATING
AT HOME
COOKBOOK

POOLBEG

The follow-up to Biddy's bestselling *Leaving Home Cookbook*.

In the same clear, down-to-earth, step-by-step style this book takes up where the *Leaving Home Cookbook* left off. Written with the working person in mind, the *Eating At Home Cookbook* eases the busy career person towards gaining confidence and skill as a cook and towards eating adventurously, quickly and healthily at home.

If your taste for good food outstrips your skills as a cook you have a choice: eat out or develop your skills. This book will teach you to cook not just plain food but all those dishes you love to eat when someone else is cooking or paying.

All the recipes are worked out for two people and for six so that you can try them out on your partner, your flatmate, your aunt or your granny before preparing them for a dinner-party to impress an important client, that special person in your life, or your partner's family.

The *Eating At Home Cookbook* is about eating *real* food in the *real* world — where time is in short supply and eating out can require you to take out a second mortgage.

If you have mastered the basic cooking techniques, this book will have you preparing gourmet food in double-quick time.

Cover design by Pomphrey Associates

POOLBEG

£4.99

ISBN 1-85371-096-2



9 781853 710964