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Corn Bread
White Yeast Bread
Herb Yeast Bread
Buttermilk Pancakes

Soup

Beetroot and Apple Soup
Apple, Celery and Cider Soup
Bacon and Turnip Soup
Roast Onion, Garlic and Cashel Blue Soup
King’s Broth
Nettle Soup
Spiced African Soup
Sweet Potato, Coconut and Coriander Soup
Roast Mushroom Soup with Tarragon
Spiced Chickpea Soup

Fish

Gravadlax
Eden’s Smokies
Tuna Carpaccio
Ceviche
Oysters with Bloody Mary Granita
Cajun Mackerel with Lime Aioli
Brown Shrimp and Crab Salad
Seared Tuna Steak with Cannellini Bean Salad and Salsa Verde
Pan-fried Halibut Served with Braised Fennel and Chervil Beurre Blanc
Pan-fried Salmon with Balsamic Roast Beetroot and Horseradish Crème Fraîche
Roast Pollock with Chorizo, Almonds and Baby Spinach
Pan-seared Scallops with Pea and Mint Risotto
Grilled Swordfish Served with Black Bean Salsa and Guacamole
Baked Fish Parcels
Steamed Mussels in a Coconut and Saffron Broth
Roast Whole Sea Bass/Sea Bream
Fillet of Turbot Served with Clam and Butterbean Cassoulet
Meat

Beef Carpaccio
Parma Ham Served with Goat’s Cheese, Baked Figs, Wild Honey and Toasted Hazelnuts
Filo Baskets with Black Pudding and Cashel Blue Cheese
Seared Lamb’s Kidneys with Lyonnaise Potatoes and Wholegrain Mustard Jus
Braised Lamb Shank
Roast Magret of Duck with Dauphinoise Potatoes and Rhubarb Balsamic Jus
Kumquat Jus
Wild Boar Stew
Sausages Served with Swede and Smoked Bacon Cake with Cider Jus
Pan-fried Fillet of Venison Served with Rosti Potato, Blue Cheese, Fennel, Pear and Walnut Salad and Red Wine Jus
Pan-fried Beef with Chips and Béarnaise
Roast Fillet of Beef Served with Roast Tomatoes, Garlic, Rocket, Parmesan and Onion Marmalade
Lamb Tagine served with Couscous and Tzatziki
Irish Stew
Herb-Crusted Rack of Spring Lamb with Tomato Basil Jus
Confit of Duck Leg
Breast of Chicken Tandoori with Bombay Potatoes
Chicken and Chorizo Stew
Braised Pork Belly Served with Pea Champ, Caramelised Apple and Calvados Jus
Beef and Guinness Stew

So You Don’t Eat Meat

Asparagus, Pea and Feta Quiche
Fennel Salad
Welsh Rarebit
Ratatouille
Baked Flat Mushrooms with Herb and Shallot Breadcrumbs
Braised Fennel with Orange and Cardamom
Celeriac Lasagne with Gruyère Cheese
Couscous
Tabbouleh
Cashel Blue Polenta
Spanish Tortilla
Roast Root Vegetables
Risotto
Quesadilla
Mashed Potato
Lentils du Puy
Grilled Asparagus with Mushroom Duxelle, Hollandaise Sauce and Parmesan Crackling
Gratin Potato Dauphinoise
Celeriac Bake
Gnocchi
Filo Parcel with Moroccan Spiced Vegetables
Pumpkin and Peanut Curry with Pilaf Rice

Ice Cream and Puddings

Ice Cream Base
Chocolate Ice Cream
Passion Fruit and Mango Ice Cream
Strawberry Ice Cream
Maple Ice Cream
Banana Nut Brownies
Chocolate Sauce
Irish Strawberries with Lemon Yoghurt Sorbet
Hazelnut Pannacotta
Chocolate, Bailey’s and Hazelnut Parfait
195 Apple and Cinnamon Crumble
196 Toffee Sauce
196 Crème Brûlée
198 Dark or White Chocolate Mousse
199 Sable Biscuits
199 Lemon Drizzle Cake
202 Pistachio Tuiles
203 Glossy Chocolate and Peanut Butter Tart
204 Blueberry and Coconut Pudding with Lemon Curd or Berry Compote
205 Eden Mess
205 Lemon Surprise Pudding
207 Almond Chocolate Chip Cake
208 Filo Pastry Baskets with Toffee Bananas, Maple Pecan Nuts and Ice Cream
210 Praline and Cherry Ice Cream Sandwich with a Caramel Sauce

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