2009-01-01

Factors Associated With Breastfeeding Among a Sample of Chinese Mothers Who Gave Birth in Ireland

Qianling Zhou
_Dublin Institute of Technology_, qianling.zhou@dit.ie

Katherine Younger
_Dublin Institute of Technology_

John Kearney
_Dublin Institute of Technology_, john.kearney@dit.ie

Follow this and additional works at: [http://arrow.dit.ie/scschbiocon](http://arrow.dit.ie/scschbiocon)

Part of the [Medicine and Health Sciences Commons](http://arrow.dit.ie/scschbiocon)

Recommended Citation

This Conference Paper is brought to you for free and open access by the School of Biological Sciences at ARROW@DIT. It has been accepted for inclusion in Conference Papers by an authorized administrator of ARROW@DIT. For more information, please contact yvonne.desmond@dit.ie, arrow.admin@dit.ie, brian.widdis@dit.ie.

This work is licensed under a [Creative Commons Attribution-Noncommercial-Share Alike 3.0 License](http://creativecommons.org/licenses/by-nc-sa/3.0/).
Factors Associated With Breastfeeding Among a Sample of Chinese Mothers Who Gave Birth in Ireland

Qianling Zhou*       Katherine Younger†       John Kearney‡

*Dublin Institute of Technology, qianling.zhou@dit.ie
†Dublin Institute of Technology
‡Dublin Institute of Technology

This paper is posted at ARROW@DIT.
http://arrow.dit.ie/ahfrccon/10
Attribution-NonCommercial-ShareAlike 1.0

You are free:

- to copy, distribute, display, and perform the work
- to make derivative works

Under the following conditions:

- Attribution.
  You must give the original author credit.

- Non-Commercial.
  You may not use this work for commercial purposes.

- Share Alike.
  If you alter, transform, or build upon this work, you may distribute the resulting work only under a license identical to this one.

For any reuse or distribution, you must make clear to others the license terms of this work. Any of these conditions can be waived if you get permission from the author.

Your fair use and other rights are in no way affected by the above.

This work is licensed under the Creative Commons Attribution-NonCommercial-ShareAlike License. To view a copy of this license, visit:

- URL (human-readable summary):
  http://creativecommons.org/licenses/by-nc-sa/1.0/

- URL (legal code):
  http://creativecommons.org/worldwide/uk/translated-license
Factors Associated with Breastfeeding Among a Sample of Chinese Mothers Who Gave Birth in Ireland.

Rationale and objectives.
The factors influencing breastfeeding rates are complex, and the socio-cultural environment has an important influence on how women choose to feed their infants. The present study sought to determine factors affecting breastfeeding practices of Chinese mothers who gave birth in Ireland.

Materials and methods
A cross-sectional survey (written in Chinese). Questionnaires were distributed to Chinese mothers in Chinese markets and language schools in Ireland.

Results and Findings
Analyses was conducted on 236 completed questionnaires from Chinese mothers who had given birth in Ireland. Breastfeeding prevalence among the participants was 71%. Univariate analyses indicated that mothers who lived in Ireland < 10 years, had a third level education, and spoke Mandarin as their first language were more likely to breastfeed (P<0.05) while father’s education level, family income, mother’s level of English, child’s order and mother’s previous breastfeeding experiences were not associated with breastfeeding.

Conclusion
The less well educated Chinese Mothers who lived in Ireland for more than 10 years could be targeted for breastfeeding education.