2017

West Restaurant Bearna Tasting Menu 2017

West Restaurant

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Menu

Our menu at West uses only the best produce from local producers to bring you award winning and innovative Irish food.

West Cuisine

*Upstairs at West, The Twelve Hotel, Barna, Galway*

Our philosophy is simple: source the best produce from local producers, respect it and serve it in a grown up setting. Friendly, unpretentious service is key. After all, we are in The West of Ireland.

**OUR SUPPLIERS - THE TWELVE APSTLES**

**Meat** - James McGeough Butcher

*From small beginnings in the West of Ireland, McGeough's Butchers is now one of Ireland's leading meat innovators. “Of all the younger generation of Irish butchers, James McGeough may be the most distinctive and determined”*

**Poultry** - Ronan Byrne, Friendly Farmer, Athenry
**Fishmonger** – Stefane, Gannet Fishmongers

**Mussels** - Marty’s Mussels From Killary Harbour

*Marty’s is a family run business based in North Connemara, Co. Galway. Marty has been growing mussels since 2000 in the crystal clear waters of Killary Harbour and has now established a purification and packing facility in Renvyle. – we think they are the freshest, tastiest mussels for sale in Ireland!

**Fruit & Vegetables** - Uncle Matt’s Farm Moycullen, Caragh’s Micro Greens, Brendan Guinan “In Season Farm”

**Dry Goods** - Pallas Foods, La Rousse Foods

**Dairy** - Cuinneog, Co. Mayo, Abernethy Butter, Co. Down

**TRUE TO THE REGION, TRUE TO THE SEASON**

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**TASTING MENU**  **SMALL PLATES**  **LARGE PLATES**

**IRISH ARTISAN CHEESE MENU**  **THE FINAL COURSE**

Tasting Menu

**TASTING MENU**
The Chef and Sommelier 8 course tasting menu focused on the best local products received today for just €65 per person. Add four glasses of wine by our sommelier for just €30

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**IN SEASON THIS MONTH**

Celeriac, Radishes, Parsley, Carrot, Sorrel, Spinach, Mint, Mussels, Rhubarb, Oysters, Wild Garlic, Game, Pumpkin