



2017

## Hartes of Kildare Lunch Menu 2017

Hartes of Kildare

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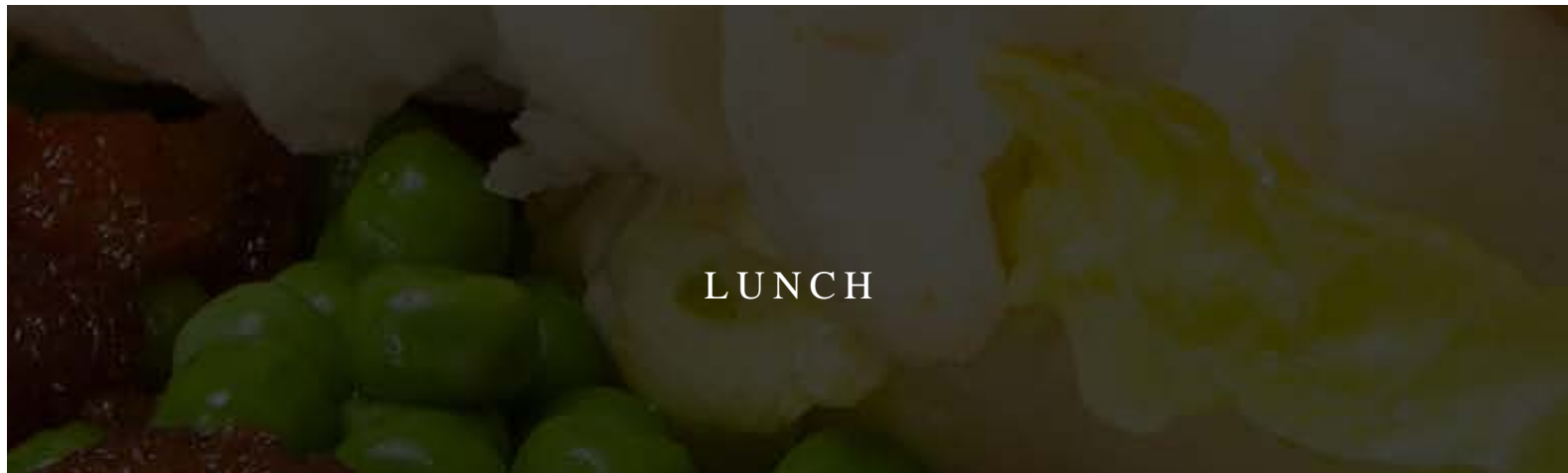
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## LUNCH

### SOUP OF THE DAY

Please ask your server co

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### ST TOLA

St Tola organic goats cheese, beets, blackberry, beluga lentils, apple

€8/11 v

### CLONAKILTY BLACK PUDDING SALAD

Clonakilty black pudding salad, bacon, poached eggs, ballymaloe relish, soda bread

€7/€10

### CHICKEN LIVER PATE

Chicken liver pate, Brioche, pear & raisin chutney

€8

**‘SUPERFOOD’ SALAD €12**

‘Superfood’ salad - spiced Organic salmon, bulgur wheat, broccoli, almonds, yoghurt, goji berries c

**SHEPHERDS PIE €16**

Shepherds pie, roast parsnip & carrot, mash crust

**FISHCAKES €15**

Fishcakes, salmon, smoked coley & hake, chilli & soy, noodle salad

**MOROCCAN SPICED CHICKEN SKEWERS €15**

Moroccan spiced chicken Skewers, flat bread, lemon and tahini, bulgur wheat, red kidney beans

**FISH & CHIPS €17**

Fish & Chips, hake in Carrig beer batter, pea puree, chips & tartare sauce

**TOONSBRIDGE HALLOUMI €14**

Toonsbridge halloumi, Sweet potato, gnocchi & spinach, spiced tomato & yoghurt, toasted almonds v p

**HARTES BURGER €16**

Hartes burger, bacon jam, Dubliner cheddar

**SANDWICHES**

*All of our breads are homemade if you wish to purchase some we require 24hrs notice.*

*All Sandwiches are accompanied by one of the following – salad, chips, skins, small soup, Additional salad, chips, skins or small soup €2.50 (Gluten free bread available)*

**CORNED BEEF €10**

Corned beef and Mossfield cheddar toastie, mustard & leek

**CHICKPEA & RED LENTIL FALAFEL €8**

Chickpea & red lentil falafel, pear chutney, mint yoghurt on flatbread

## MINUTE STEAK SANDWICH

€12

Minute steak sandwich, hartes brown sauce, tomato, lettuce & Crozier blue cheese

## HAM & CHEESE

€9

Ham & cheese, tomato, onion, Dubliner cheddar, ballymaloe relish

## HARTES CLUB SANDWICH

€9

Hartes club sandwich, oven roast chicken, bacon, tomato, egg mayonnaise

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## DESSERTS

*all €7*

Carrot cake, sweet pickled carrots, white chocolate & orange

Creme brulee, vanilla & orange, pecan shortbread

Eton mess, raspberry, lemon, meringue

Hot chocolate *or* Banoffi sundae, crushed cookies, Rossmore vanilla ice cream co

C – Coeliac CO – Coeliac option V – Vegetarian L – Lactose free P – Pauls favourites

We use only sustainable fish, fully traceable Bord bia approved Irish Beef, poultry, pork & bacon & support Irish artisan suppliers

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