A Taste of Wales in Food and Pictures

Theodora FitzGibbon

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Welsh Traditional Food

A TASTE OF WALES

Theodora FitzGibbon

Period photographs specially prepared by George Morrison

Pan Books London and Sydney
For Margaret, Rosemary and Charles Leach, with affection and many thanks for their kindness and help. Also to the memory of Great-Aunt Polly Mary, and my Mother

Also by Theodora FitzGibbon in Pan Books
A Taste of Scotland
A Taste of Ireland
A Taste of London
A Taste of the West Country
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'There were jumping sausages, roasting pies,
And longloaves in the bin,
And a stump of Caerphilly to rest our eyes,
And a barrel rolling in.

... 

'O a ham-bone high on a ceiling-hook
And a goose with a golden skin,
And the roaring flames of the food you cook:
For God's sake let us in!'

Vernon Watkins, from *Ballad of the Mari Lwyd*. Reprinted by permission of Faber & Faber Ltd.
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