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Best of Irish : Festive Cooking

Biddy White Lennon

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BEST OF IRISH
FESTIVE COOKING

DELICIOUS MODERN RECIPES

Best of
Irish

BASED ON TRADITIONAL IRISH COOKING

PRAISE FOR THE BEST OF IRISH COOKBOOKS:
This series is fabulous and highly recommended. The books are packed full of information ... A handy and very neat addition to any kitchen shelf

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Carla Blake, Irish Examiner

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RTÉ Guide

'Sound recipes with an Irish flavour ...
And they are quite straightforward'

Georgina Campbell, Irish Independent
The Best of traditional Irish foods cooked with modern flair

The Irish calendar provides many days for feasting and traditional celebration: St Brigid's Day, which announces the spring, St Patrick's Day, Shrove Tuesday, Bealtaine (May), Bloomsday, Lughnasa (August), Hallowe'en, Women's Christmas (Nollaig na mBan). Then there are the newer festivals that celebrate the rich harvest of our seas and fields – the Galway Oyster Festival, the Wexford Strawberry Festival. Over fifty recipes offer a tempting selection of foods for all these occasions, as well as for christenings, weddings and wakes.

Details of customs, folklore and Irish regional food traditions provide a fascinating background to the recipes.

Biddy White Lennon has written several cookery books, is a regular cookery demonstrator and contributes features on cooking and travel to magazines such as Food and Wine, Woman's Way and to various newspapers. An actress, she is well known in Ireland for her portrayal of Maggie in the hugely popular TV series, The Riordans.