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What's Cooking : Recipes from the RTE TV Series

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“What’s Cooking”

Recipes from the RTE TV series.
by Denise Sweeney
INTRODUCTION

The popularity of the “What’s Cooking” series on RTE 2 television, indicates the level of interest which many people have in good basic cookery.

The ideas which I had the pleasure of presenting in the television series are quite simple and straight-forward in terms of ingredients and preparations. I have used a range of food-stuffs which should be readily available and equipment which will be found in virtually every home.

During the production of the series I was fortunate to have a number of well-known personalities calling into my N.D.C. kitchen and the recipes are separated into the dishes which were prepared in the programmes in which each guest appeared.

I would like to thank all my guests for their help and encouragement with the T.V. series and a special word of gratitude to the very many viewers who took the trouble to write to me.

Happy Cooking!

Denise Sweeney,
Chief Cookery Adviser,
National Dairy Council.
• 50 recipes from the popular RTE TV series "What's Cooking".
• 16 recipes illustrated in full colour.
• All recipes are based on readily available ingredients and the emphasis is on ease of preparation.