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Modulation of Radiation Responses by Pre-Exposure to Irradiated Cell Conditioned Medium

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INTRODUCTION

The adaptive response is defined as a “protective effect” after exposure of cells to a low “priming” dose of a stress inducer (1). The first experiment on the induction of an adaptive response caused by exposure to ionizing radiation was carried out in human lymphocytes that had incorporated tritiated thymidine (2). It was found that approximately half as many chromosome aberrations were induced in irradiated cells that had first been exposed to a low priming dose compared to those that had not been pre-exposed. This led to the finding that pretreatment of lymphocytes to a dose of the order of centigrays of X rays could cause the cells to have a less severe response to a higher dose (3). Adaptive responses have also been reported in C3H 10T1/2 cells pretreated with low-dose γ radiation followed by a challenge dose (4, 5). Mitchel et al. (6) showed that pre-exposure to a chronic 10-cGy dose followed by a challenge chronic dose of 1 Gy 24 h later could increase the latent period for development of acute myeloid leukemia in CBA/H mice.

Certain characteristics have emerged from studies of the adaptive response. A variable interval is needed to induce an adaptive response. This has been observed to be 4 to 6 h, continuing in some cases for up to 20 h (7) or even 40 days (8). Radiation can interact with other stress inducers such as chemical agents to induce an adaptive response (9). Adaptive responses can be inhibited by the presence of poly (ADP-ribose) polymerase inhibitors, protein or RNA inhibitors and protein kinase C inhibitors (10). It has been observed that new proteins are synthesized after exposure to a low priming dose (11). It has been postulated that if the priming dose is low enough to cause damage, but not extensive cellular damage, and enough time is given for the cells to respond, an efficient repair system could be induced. This occurs through the induction of protein synthesis consequent to the activation of specific genes. If sufficient time for protein synthesis is not allowed, then the protein machinery necessary for repair will not be activated. Ikushima et al. (12) observed that the rate of rejoicing of DNA double-strand breaks was higher in cells primed with a low dose compared to those receiving no priming dose.

The bystander effect has been defined by Mothersill and Seymour (13) to be the detection of a response in unirradiated cells that can reasonably be assumed to have occurred as a result of exposure of other cells to radiation.
The bystander signal molecule(s) is known to cause sister chromatid exchanges (14), chromosomal aberrations (15), changes in protein expression (16), genomic instability (17), and initiation of apoptosis and loss of mitochondrial membrane potential (18). The data suggest that the bystander effect saturates at low doses and is the dominant effect of low-dose radiation (19, 20).

Sawant et al. (21) reported that a priming dose of 2 cGy of γ rays delivered 6 h before microbeam irradiation cancelled out half of the observed bystander-induced cell death. A subsequent study (22) showed that a low dose of X rays delivered 4 h before microbeam irradiation significantly decreased bystander mutagenesis. In addition, it has been shown that bystander signals produced by irradiated cells can protect against a direct dose of ionizing radiation (23).

A recent paper by Mitchell et al. (24) reported a 95% decrease in cell killing when C3H 10T1/2 cells were pretreated with 2 cGy of α particles 24 h before exposure to 0.5 Gy α-particle radiation. This study also reported that treatment with medium from cells exposed to 2 cGy X rays can induce a “bystander adaptive response” in C3H 10T1/2 cells against a higher dose of direct radiation (4 Gy X rays). Iyer and Lehner (25) reported that when normal human lung fibroblasts (HFL-1) were irradiated with 1 cGy of γ rays and the supernatants were transferred to unirradiated HFL-1 cells, a bystander adaptive response was observed against 2 or 4 Gy of X rays. This shows that medium from irradiated cells, which contains the currently unknown cytotoxic bystander factor(s), can induce an adaptive response against a subsequent direct dose.

The aim of this study was to investigate whether a priming dose of irradiated cell conditioned medium (ICCM) could induce an adaptive response against a subsequent challenge dose of ICCM. Clonogenic survival and markers of apoptosis studied previously in our laboratory for single ICCM exposures were investigated to determine whether these end points could be modified by giving a low priming dose of ICCM before the challenge ICCM dose (18, 26). N-Acetylcysteine (NAC), a reactive oxygen species (ROS) inhibitor, was added to the ICCM during the “priming” phase to assess the role of ROS in the adaptive response.

**MATERIALS AND METHODS**

**Cell Culture**

Human keratinocytes immortalized with the HPV virus were originally obtained as a kind gift from Dr. J. Di Paolo, NIH, Bethesda, MD (27). HPV-G cells were cultured in Dulbecco’s MEM:F12 medium (1:1) (Sigma, Dorset, UK) containing 10% fetal calf serum (Gibco, Irvine, UK) 1000 IU 1% penicillin-streptomycin solution (Gibco), 2 mM L-glutamine (Gibco), and 1 μg/ml hydrocortisone (Sigma) Cells were maintained in an incubator at 37°C with 95% humidity and 95% air/5% CO₂. Subculture was routinely performed when cells were 80–100% confluent using a 1:1 solution of 0.25% trypsin and 1 mM versene at 37°C.

**Irradiation**

Cells were irradiated in T-25 flasks (Nunc, Uden, Denmark) containing 5 ml of culture medium at room temperature using a cobalt-60 teletherapy source at St. Luke’s Hospital. Control flasks were sham-irradiated. The dose rate during the experiments was approximately 1.8 Gy/min. For the 0.5- and 5-Gy doses, the source-to-flask distance was 80 cm. For the 5-mGy dose, an extended source-to-flask distance of 80 cm was used. The time required to deliver the 5-mGy dose was around 0.013 min. TLDs were used to confirm that the appropriate dose was delivered. Once irradiated, the cells were immediately returned to the incubator.

**Harvesting of ICCM**

Donor flasks containing approximately 2 × 10⁶ cells were irradiated or sham-irradiated 6 h after plating. Medium from irradiated and unirradiated cells was poured off donor flasks 1 h after irradiation and filtered through a 0.22-μm filter to ensure that no cells or other debris were still present in the medium. This filtrate was stored at −80°C in aliquots and thawed when required.

**Experimental Procedure**

**Single radiation/ICCM exposures.** Control cells were either sham-irradiated or exposed to unirradiated cell conditioned medium (0 Gy ICCM). Treated cells were either directly irradiated or exposed to ICCM at doses of 0.5 and 5 Gy.

**Primed samples (direct radiation).** Control cells were sham-irradiated followed by a further sham irradiation 24 h later (Fig. 1). Treated cells were irradiated to priming doses of 5 mGy or 5 Gy followed by a challenge dose of 0.5 Gy or 5 Gy 24 h later (Fig. 1).

**Primed samples (ICCM).** Control cells were exposed to 0 Gy ICCM for 24 h. The medium was then removed and the cells were exposed to a further 0-Gy ICCM dose (Fig. 1). Treated cells were exposed to 5 mGy or 0.5 Gy ICCM for 24 h, the medium was then removed and the cells were exposed to a further 0.5- or 5-Gy ICCM dose (Fig. 1).
Clonogenic Assay

Four hundred HPV-G cells were plated in 4 ml of medium in T-25 flasks (Nunc) for survival assays using the clonogenic assay technique of Puck and Marcus (28). These cells either were directly irradiated with 5 mGy, 0.5 Gy or 5 Gy or received 3 ml of ICCM harvested from cells irradiated with 0 Gy, 5 mGy, 0.5 Gy or 5 Gy as described previously. Cells were left for 24 h at 37°C. This medium was then removed and replaced with a higher dose of ICCM or with control medium. Cells were then left for 7 days in an incubator at 37°C. The cells were then stained with carbol fuschin (BDH, Poole, UK) and the colonies were counted.

Corrections for multiplicity were not performed since previous work showed that cellular multiplicity does not affect the plating efficiency of these cells because they do not show independent survival (29, 30).

Inhibition of Reactive Oxygen Species

HPV-G cells were incubated with 0.5 Gy ICCM containing 0.5 mM N-acetylcysteine (NAC) (Sigma) for 24 h. This medium was then removed and replaced with a higher dose of ICCM. The clonogenic survival assay was carried out as described above.

Measurement of Calcium Flux

Intracellular calcium levels were measured using two calcium-sensitive dyes, Fluoro-3 and Fura Red (Molecular Probes, Leiden, Netherlands). Fluoro-3 increases in intensity upon binding to calcium. Fura Red decreases in intensity upon binding to calcium. The ratio of Fluor 3 to Fura Red gives a good indication of intracellular calcium levels (31). HPV-G cells were seeded at high concentrations (approximately 2 × 10⁵ cells) on glass cover slips (diameter 24 mm) and incubated in normal culture medium until the cells had attached. This medium was then removed and replaced with 0.5 Gy ICCM for 24 h at 37°C. Controls were exposed to 0 Gy ICCM. The HPV-G cells were then washed twice in a Ca²⁺/Mg²⁺ buffer (130 mM NaCl, 5 mM KCl, 1 mM Na₂HPO₄, 1 mM MgCl₂, and 1 mM CaCl₂). The cells were then loaded with 3 μM Fluor-3 and 3 μM Fura Red for 1 h at 37°C. The dyes were then removed and washed twice in Ca²⁺/Mg²⁺ buffer. The cover slips were then inserted into custom-designed petri dishes, which allowed imaging through the glass cover slip in the base of the dish. Using a Zeiss LSM 510 confocal microscope, Fluor-3 and Fura Red were excited at 488 nm and fluorescence emission was recorded at 525 nm. Three fields of view were recorded for each dish. Three independent experimental runs were carried out. The intensity of green fluorescence was measured using Zeiss LSM software. The mean fluorescence was divided by the number of cells in the field of view. An increase in fluorescence intensity indicated an increase in mitochondrial mass per cell (33). Control fluorescence was set to 100%, and all data were normalized to the control.

Distribution of Mitochondria

Mito Tracker Green FM was used to stain the mitochondria in HPV-G cells as described above. Z-stacks were recorded using the Zeiss LSM 510 confocal microscope to confirm the location of mitochondria in the cell. The location of the mitochondria in the cell was scored as either being located diffusely in the cytoplasm or as being in a perinuclear location around the nucleus. Five hundred cells were scored for each of three independent experimental runs. The slides were coded and scored blind. The percentage of cells with either cytoplasmic distribution or perinuclear distribution was calculated.

Statistics

Data are reported as means ± standard errors of three independent experiments performed in triplicate. Significance was determined by a Student’s unpaired t test, and the differences were considered significant if P ≤ 0.05.

RESULTS

HPV-G cells primed with either a 5-mGy or a 0.5-Gy direct dose before a challenge dose of either 0.5 Gy or 5 Gy showed a significant increase in survival compared to those cells that received a 0.5- or 5-Gy direct dose only, indicating an adaptive response (Table 1). Exposure of HPV-G cells to either 5 mGy or 0.5 Gy ICCM as a priming dose followed by a challenge dose of 0.5 or 5 Gy ICCM resulted in an increase in survival compared to those cells exposed to 0.5 or 5 Gy ICCM only, again indicating an adaptive response (Table 1).

To determine the role of ROS, HPV-G cells were pretreated with 5 mGy or 0.5 Gy ICCM containing NAC in
TABLE 1
Clonogenic Survival of HPV-G Cells

<table>
<thead>
<tr>
<th>Dose</th>
<th>Direct radiation</th>
<th>ICCM</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 Gy</td>
<td>100 (33 ± 1.1)</td>
<td>100 (31 ± 2)</td>
</tr>
<tr>
<td>0.5 Gy</td>
<td>74 ± 3%*</td>
<td>68 ± 2%*</td>
</tr>
<tr>
<td>5 Gy</td>
<td>15 ± 2%*</td>
<td>66 ± 3%*</td>
</tr>
<tr>
<td>0 Gy + 0 Gy</td>
<td>100 (32 ± 1)</td>
<td>100 (33 ± 1)</td>
</tr>
<tr>
<td>5 mGy + 1 Gy</td>
<td>101 ± 2%*</td>
<td>79 ± 6%*</td>
</tr>
<tr>
<td>1 Gy + 5 Gy</td>
<td>53% ± 6%*</td>
<td>80 ± 26%*</td>
</tr>
</tbody>
</table>

* *P < 0.05. For single exposures, the irradiated samples were tested against the unirradiated samples. The primed exposures were tested against the unprimed exposures.

Notes. Actual plating efficiencies for controls are shown in parentheses.

TABLE 2
Clonogenic Survival of HPV-G Cells Primed with ICCM Containing NAC for 24 h Followed by Exposure to ICCM for 7 Days

<table>
<thead>
<tr>
<th>Dose</th>
<th>Survival</th>
</tr>
</thead>
<tbody>
<tr>
<td>(0 Gy ICCM + NAC) + 0 Gy ICCM</td>
<td>100 ± 5%</td>
</tr>
<tr>
<td>(5 mGy ICCM + NAC) + 1 Gy ICCM</td>
<td>102 ± 5%</td>
</tr>
<tr>
<td>(0.5 Gy ICCM + NAC) + 5 Gy ICCM</td>
<td>115 ± 9%</td>
</tr>
</tbody>
</table>

Rapid calcium fluxes were observed in HPV-G cells pretreated with 5 mGy or 0.5 Gy ICCM and then exposed to 0.5 or 5 Gy ICCM. No significant reduction in survival was observed, indicating that NAC can prevent bystander-induced cell death (Table 2).

FIG. 2. Real-time fluorescence confocal images showing intracellular calcium levels in HPV-G cells exposed to a priming dose of 0.5 Gy ICCM for 24 h followed by 5 Gy ICCM over 120 s.
dose, and these nonresponding cells were located together in clusters; 25% of cells increased from a baseline ratio value of 0.5 to 0.8, 45% of cells increased from a baseline ratio value of 0.5 to 1, and 9% of cells increased from a baseline ratio value of 0.5 to 1.2 (Fig. 3). An interesting observation was that regardless of the magnitude of the calcium flux, the lag time needed for the response to occur, the time taken for the calcium to peak, and the time taken for the calcium levels to return to baseline values were more or less the same in all cases.

Exposure of HPV-G cells to a single ICCM dose resulted in a significant reduction in mitochondrial membrane potential after 6 h (Table 3). Pretreatment of HPV-G cells with 0.5 Gy ICCM for 24 h followed by an exposure to 5 Gy ICCM for 6 h resulted in a small but nonsignificant reduction in mitochondrial membrane potential compared to the 0 Gy ICCM control, indicating an adaptive response (Table 3).

Exposure of HPV-G cells to 5 mGy and 0.5 Gy ICCM but not 5 Gy ICCM for 18 h resulted in an increase in mitochondrial mass and a change in mitochondrial distribution from a diffuse location in the cytoplasm (as observed in the control) to a perinuclear location (Table 4). Pretreatment of HPV-G cells with 5 mGy ICCM for 24 h followed by exposure to 0.5 Gy ICCM for 18 h also caused a significant increase in mitochondrial mass and a change in the location of the mitochondria (Table 4).

**TABLE 3**

<table>
<thead>
<tr>
<th>Dose</th>
<th>Fluorescence</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 Gy</td>
<td>100 ± 1%</td>
</tr>
<tr>
<td>1 Gy</td>
<td>85 ± 1%*</td>
</tr>
<tr>
<td>5 Gy</td>
<td>89 ± 1%*</td>
</tr>
<tr>
<td>0 Gy ICCM + 0 Gy ICCM</td>
<td>100 ± 9%</td>
</tr>
<tr>
<td>1 Gy ICCM + 5 Gy ICCM</td>
<td>91 ± 9%</td>
</tr>
</tbody>
</table>

*Notes: A decrease in cellular fluorescence is indicative of a loss of mitochondrial membrane potential. *P < 0.05.*

**TABLE 4**

<table>
<thead>
<tr>
<th>Dose</th>
<th>Fluorescence</th>
<th>Cells with mitochondria in perinuclear location</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 Gy</td>
<td>100 ± 11.8%</td>
<td>7 ± 1%</td>
</tr>
<tr>
<td>5 mGy</td>
<td>128 ± 29%*</td>
<td>38 ± 3%*</td>
</tr>
<tr>
<td>1 Gy</td>
<td>178 ± 18%</td>
<td>9 ± 2%</td>
</tr>
<tr>
<td>0 Gy ICCM + 0 Gy ICCM</td>
<td>100 ± 22%</td>
<td>12 ± 4%</td>
</tr>
<tr>
<td>5 mGy ICCM + 1 Gy ICCM</td>
<td>363 ± 9%</td>
<td>63 ± 7%*</td>
</tr>
</tbody>
</table>

*Notes: An increase in cellular fluorescence is indicative of an increase in mitochondrial mass. *P < 0.05.*
DISCUSSION

The results show that exposure of HPV-G cells to a low priming dose of ICCM or direct radiation resulted in modulation of radiation-induced responses, suggesting an adaptive response.

Clonogenic survival results indicated a significant reduction in the amount of cell killing by the second dose for both the irradiated and ICCM-treated samples. This implies the presence of both a radiation-induced adaptive response and an ICCM-induced adaptive response. Radiation-induced adaptive responses are commonly reported in the literature (1, 2). However, there are few reports of an ICCM-induced adaptive response against a direct dose (23–25). The magnitude of the observed “ICCM adaptive response” was 10–15% sparing of cell survival. Mitchell et al. (24) and Iyer and Lehnert (25) reported “bystander-induced adaptive responses” induced by a priming treatment of supernatant from cells irradiated at doses of the order of centigrays. This work shows that ICCM derived from cells irradiated with 5 mGy can induce bystander adaptive responses against a further challenge dose of ICCM. No significant loss of clonogenic survival in HPV-G cells was observed when cells were incubated with ICCM containing NAC in the priming phase for 24 h followed by ICCM only. NAC, a thiol-containing antioxidant, has been shown to protect cells against damage caused by ROS, although the exact ROS involved is currently unknown (34). Data from our laboratory have shown that bystander-induced cell death can be blocked in HPV-G cells incubated in ICCM containing NAC (35). Iyer and Lehnert (25) suggest that bystander-induced adaptive responses could be due to increased levels of AP DNA endonucleases (APE), induced as a result of an increase in sublethal levels of ROS. Lyng et al. (18) reported an increase in ROS after exposure of HPV-G cells to ICCM. Therefore, cells displaying bystander adaptive responses may be more efficient at repairing at least some forms of DNA damage caused by ROS.

When HPV-G cells were pretreated with 0.5 Gy ICCM for 24 h and then exposed to 5 Gy ICCM, a significant calcium flux was observed, an event associated with initiation of the cascade leading to apoptosis (36). Lyng et al. (18) showed that exposure to ICCM causes an increase in intracellular calcium. From this work and the results in the present paper, it is concluded that HPV-G cells have the ability to produce repetitive calcium fluxes when exposed to ICCM followed by ICCM, causing a secondary cascade of cellular responses. Four types of calcium response were observed, including three different magnitudes of increase in calcium and a nonresponding population of cells. Only 9% of the exposed cells displayed a calcium increase of the same magnitude as for a single ICCM exposure. Dolsmetsch et al. (37) reported that the amplitude and duration of calcium signals in B lymphocytes controls differential activation of transcription factors such as c-Jun N-terminal kinase. The differential activation results from differences in the Ca2+ sensitivity and the kinetic pathway of the observed calcium flux. The MAP kinase pathway has been shown to be activated in bystander cells (38, 39). Therefore, it can be postulated that the different amplitudes of calcium responses observed may result in different levels of activation of transcription factors. When HPV-G cells were exposed to 0.5 Gy ICCM for 24 h and then exposed to 5 Gy ICCM, it was observed that approximately 21% of cells did not respond to the 5 Gy ICCM. These cells maintained their baseline level of calcium throughout the exposure and were located together in clusters. Protective proteins, such as BCL2, may have been activated in the nonresponding cells that protect against the second ICCM dose. Apoptosis suppressed by BCL2 has been correlated with the regulation of nuclear and cytosolic calcium (40, 41). ICCM has been observed to induce BCL2 in HPV-G cells (35). Interestingly, the observed time for cells to respond, the time it took for the responding cells to peak in magnitude, and the time it took to return to the baseline calcium level were the same in all cases. Since the uptake of extracellular calcium is a regulated physiological process, this illustrates that HPV-G cells have the ability to maintain and regulate their extracellular calcium uptake for multiple exposures to ICCM.

Exposure of HPV-G cells for 24 h to 0.5 Gy ICCM followed by 5 Gy ICCM for 6 h resulted in a small but non-significant loss of mitochondrial membrane potential. Lyng et al. (18) reported a significant loss of mitochondrial membrane potential after 6 h exposure to 0.5 Gy ICCM or 5 Gy ICCM. The reason that the loss of mitochondrial membrane potential found here was not significant is probably that anti-apoptosis proteins such as BCL2 are already actively expressed in the pre-exposed cells, as discussed above.

Exposure of HPV-G cells to 5 mGy ICCM for 24 h followed by 0.5 Gy ICCM for 18 h induced a significant increase in mitochondrial mass. A significant change in mitochondrial location from a diffuse cytoplasmic location to a dense perinuclear location was also observed. Maguire et al. (35) reported an increase in mitochondrial mass and change in mitochondrial location for ICCM doses ≤0.5 Gy ICCM. Interestingly, the ICCM-induced adaptive response eliminated the appearance of markers of apoptosis such as mitochondrial membrane potential but not changes in mitochondrial mass. An increase in mitochondrial mass has been linked to genomic instability and mitochondrial biogenesis (42). It has been shown previously that although cell survival could be increased after a priming dose, no abrogation of transformation frequency was found (21). This questions the long-term fate of the progeny of these adapted cells.

In summary, this study has shown that bystander signals produced by irradiated cells can induce an adaptive response in unirradiated cells to a subsequent exposure to bystander signals.
EFFECT OF IRRADIATED CELL CONDITIONED MEDIUM ON RADIATION RESPONSE

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