



2002

Best of Irish : Potato Recipes

Biddy White Lennon

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Best of
Irish

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Potato

RECIPES

BIDDY WHITE LENNON

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Potato
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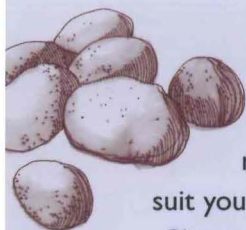
BIDDY WHITE LENNON



THE O'BRIEN PRESS

DUBLIN

The *Best of* traditional Irish foods cooked with modern flair



The humble spud is the vegetable most associated with Irish cooking. Whether you like your potatoes floury or waxy, baked, roast or mashed, you will find a recipe here to suit your taste.

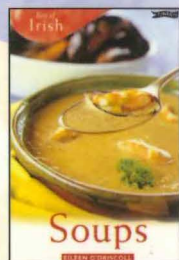
Choose from over fifty recipes, including traditional colcannon or the brunch favourite, boxty, surprisingly light potato bread and scones, warm potato salad or dumplings. Create hearty soups and traditional dishes, such as Irish Stew and Dublin Coddle.

Even the skin of this most versatile vegetable is delicious!

Details of customs, folklore and Irish regional food traditions provide a fascinating background to the recipes.

Biddy White Lennon has written several cookery books, is a regular cookery demonstrator and contributes features on cooking and travel to magazines such as *Food & Wine*, *Woman's Way* and to various newspapers. An actress, she is well known in Ireland for her portrayal of Maggie in the long-running and hugely popular TV series, *The Riordans*.

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